

Improving lives together

# Specialist residential service for adults with learning disabilities and complex needs

Good



The Fields is a specialist service in Sheffield, South Yorkshire for adults with learning disabilities who may have behaviours that challenge as well as associated complex needs.

We encourage and enable the people we support to lead a full and happy life. We work with them to ensure they have more choice and control in their lives. We find out their strengths, abilities and preferences so that the care provided can be as person-centred and meaningful to each individual as possible.



Mixed gender



17+ years



54 Placements

## The people we support:

- > Adults from the age of 17+ years
- > Individuals with a primary diagnosis of learning disability
- > Individuals with a secondary diagnosis of autism
- > May have communication challenges
- > May have associated complex needs
- > May have physical health needs



## Our service at a glance

The Fields is split into seven different living areas, six of which are residential and one is a registered nursing service:

- > Residential with nursing
  - Willows – 10 placements
- > Residential
  - Ferns – 10 placements
  - Limes – 10 placements
  - Acorns – 10 placements
  - Poplars – 6 placements
  - Hollies – 4 placements
  - Oaks – 4 placements



Each living area has its own garden, lounge, kitchen and dining space as well as en-suite facilities. Central to all the living areas is a large open space called the sensory garden. This space is available for all people we support and is a popular space for activities, parties, live shows and entertainers.

The Fields is situated in Woodhouse in Sheffield, which is a vibrant residential area, with easy access to shops and local amenities. The Fields has access to its own fleet of transport, which is used to take people appointments and for home visits. The people we support are also able to engage in community activities with some of the favourite being visiting the zoo, plane spotting at the airport, museums and trips to the seaside.

The two activity coordinators support individuals in creating their person-centred activity planners and developing daily living skills both inside the home and out in the community. We enable each individual to build upon their skills to achieve further independence and confidence, leading to a better quality of life.

Willow is our only residential service with nursing, however the nurses (RGN, RNLD & RMN) in this living space oversee the other living areas providing additional support to the support team should someone become unwell.

★ ★ ★ ★ ★  
 Rated 'Good' in all domains by the CQC

**Easy read and other accessible** information available to all

**Regular themed days** – the people we support celebrate by decorating the service and having parties

Individuals are supported to **go on holiday**

**High retention of staff** throughout the service – Over 50% of staff have been at the service for 5 years or more

**Coffee bar and tuck shop** in the service ran by the people we support

**7 gardens**  
 the people we support are able to grow their own plants and will often have competitions

**On-site therapy room** – aromatherapist visits once a week and people from other disciplines visit as and when required, eg chiropodist, optician



I feel The Field's benefit greatly from the staff's knowledge and skills, but also their proactive and person-centred approach which maximises quality of life. – **Professional**

**Our facilities:**

- > On-site day services
- > Therapy room
- > Cinema room
- > Sensory garden hub with coffee shop
- > 7 gardens
- > Lounges
- > Kitchens
- > Dining room
- > En-suite bedrooms

**Our community links:**

- > Zoo
- > Seaside
- > Museums
- > Butterfly House
- > Plane spotting at airports
- > Shopping
- > Café
- > Cinemas & theatres

Things that matter to me are taken into consideration when choosing what I am going to do.  
 – **A person we support**



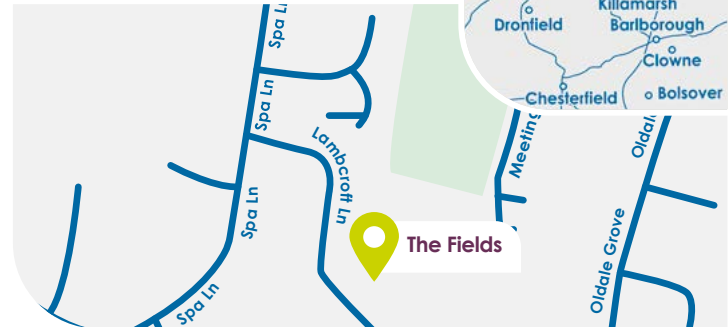
For more information or to make a referral, please contact your regional Business Relationship Manager or email: [sc.referrals@cygnethealth.co.uk](mailto:sc.referrals@cygnethealth.co.uk)

- 1 Referral made to Cygnet Social Care and a desktop assessment is undertaken to review suitability for placement
- 2 If a suitable placement is identified, an assessment is arranged and undertaken by our specialist team
- 3 Feedback is provided on whether our service can meet the individual's needs
- 4 Detailed placement proposal is formulated to include care plans and funding information
- 5 Once placement is confirmed, transition plans are developed with all relevant stakeholders and admission date is agreed

**Where are we?**

The Fields,  
 Spa Lane, Woodhouse,  
 Sheffield, South Yorkshire S13 7PG

Phone number  
 0114 2691 144



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