

Improving lives together

CAMHS Intensive Support Service

Griffin & Unicorn Wards,
Cygnnet Hospital Sheffield,
Yorkshire & Humber

Good

NEW
Now taking referrals



Griffin and Unicorn Wards are our intensive support services for young people who require inpatient care within a robust and therapeutic setting. The services deliver tailored treatment packages in a safe, age-appropriate environment to reduce the risk of harm to self and others by improving their mental health.

We look towards discharge from the point of admission, ensuring all of the young people we support have a clear pathway to the next stage of their recovery journey. For those that require it, we have Pegasus Ward, our general adolescent service, where individuals can continue to strengthen their skills before moving to a community placement.

Young people can continue their education at the same time as receiving treatment. Education is provided by our on-site Phoenix School, which is rated outstanding in all areas by Ofsted and holds National Autistic Society Accreditation.



Mixed



12-18 years



25 beds in 2 wards

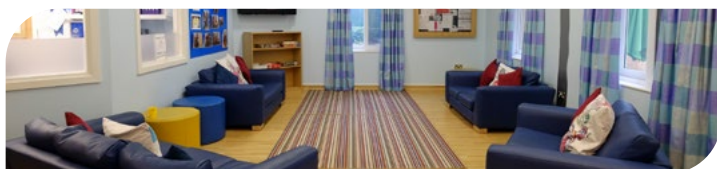
Our service user profile:

- > Males and females aged 12-18 years
- > Detained under the Mental Health Act
- > Diagnosis of:
 - Psychosis
 - Self-harm and/or suicidal ideation
 - Depression or anxiety
 - Emerging personality disorder
 - Substance misuse - providing there is a primary diagnosis of a mental health problem
 - Emotional, social and behavioural difficulties
 - Borderline/mild learning disability as a secondary diagnosis
 - Autism spectrum disorders, with a mental health primary diagnosis
- > May have a forensic history

Our service at a glance

We recognise that most of the young people we support will have suffered trauma and adverse experiences. We are committed to delivering trauma-informed care in a compassionate and nurturing environment. We aim to equip individuals with the tools required to be successfully discharged, and reduce the chance of future relapse.

A multidisciplinary approach called the Biopsychosocial Model is at the heart of treatment plans and is comprised of; Pharmacotherapy, Psychological interventions such as Cognitive Behavioural Therapy (CBT) and Dialectical Behaviour Therapy (DBT), family therapy, occupational therapy, creative therapies, speech and language therapy and social work related interventions.



"Our son's 'look on life' has improved immensely and believe this is down to the professional and helpful staff they have on hand, which is 24-7. The staff are also fantastic at putting loved ones at ease, giving advice and comfort where possible." **Parent**

Our facilities:

- > En-suite bedrooms
- > 3 separate lounges
- > Multi faith room
- > Gym
- > Sensory room





Individuals have access to a variety of activities including

- > Art and crafts
- > Sports
- > Charity events such as coffee mornings and summer fairs
- > Day trips
- > Individual and group community activities
- > Board games
- > Playstation and Wii

Young people are able to continue their education through access to our on-site Ofsted-registered school, **Phoenix School**



Rated 'GOOD' by the CQC in all domains

Good

Rated **Outstanding** in all areas by Ofsted



Spacious communal and outdoor areas



Bespoke packages of care for young people who may struggle within a busy ward environment

Phoenix School is accredited by the National Autistic Society



Full Multi-disciplinary Team (MDT) input including

- > Consultant Psychiatrist
- > Speciality Doctor
- > Forensic Psychologist
- > Family Therapist
- > Assistant Psychologists
- > Art Therapist
- > Occupational Therapist
- > Occupational Therapy Assistants
- > Speech and Language Therapist
- > Social Workers
- > Clinical Team Leaders
- > Nurses
- > Support Workers

Proud to be a certified Triangle of Care member.



The Triangle of Care is an alliance between carers, service users and health professionals.

It aims to promote safety and recovery and to sustain wellbeing in mental health by including and supporting carers.



Make a referral



1 Referral made to Cygnets bed hub via **0808 164 4450 / chcl.referrals@nhs.net**

2 Feedback provided on whether our services can meet the service user's needs within 1 hour of receipt of full clinical information

3 Admission agreed and arranged with referring team following confirmation of funding

For All PICU and Acute Referrals (Adults and CAMHS)

0808 164 4450
chcl.referrals@nhs.net

Where are we?

Cygnets Hospital Sheffield
83 East Bank Road, Sheffield, South Yorkshire, Yorkshire & Humber S2 3PX

Phone number
0114 279 3350



CYG-965 | Date of Preparation: 22/09/25

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Integrity

Trust

Empower

Respect

Care