

# Placements for Adults

Fully bespoke placements in flexible environments for people with complex needs For individuals struggling to make progress in conventional ward environments, Cygnet Health Care offers a number of Bespoke Therapeutic Placements across the country.

These custom-made placements benefit from our expert staff team's knowledge, providing a fully tailored package of care designed specifically for those with unique or additional needs to support their journey toward recovery and independence.





Our teams collaborate closely with families, commissioners, and community-based teams to identify suitable discharge pathways and establish achievable goals and timelines.

Each placement is suitable for one person to be supported, and we can adjust the environments to suit the individual's needs. All placements contain a bedroom, an en-suite or private bathroom and multi-purpose rooms suitable for therapies, mealtimes, sensory regulation, or family visits where appropriate.

All our bespoke therapeutic placements consider all aspects of a person's wellbeing, including their social, emotional, educational and cultural needs. This often involves engagement in activities tailored to their interests and maintaining family involvement where appropriate.

### We can support people with multiple complex needs, including individuals who may:

- > Require 24/7 care and support
- > Exhibit behaviours of distress
- > Self-harm
- Struggle to cope with, or engage with, peers
- > Experience sensory issues
- > Struggle with emotional regulation
- Have experienced placement breakdowns or been unable to progress in an inpatient setting
- Have one of more of the following: learning disability, autism, personality disorder, eating disorder, or other mental illness

#### Supporting people with:

- > Mental Illness
- > Personality Disorders
- > Autism
- > Learning Disabilities
- > Eating Disorders
- > Disordered Eating





#### At a Glance

- > Placements for men and women aged 18+
- Full multidisciplinary support within specialist services
- Independent spaces away from our main wards
- Personalised activity and therapy timetables
- Core staffing teams for consistency and relationship building
- > National network of step-down services
- > Sensory-friendly and low-stimulus spaces
- > Least restrictive environments

### Bespoke Therapeutic Placements for Adults - Locations:



## We are able to take referrals 7 days a week.

To make a referral please contact your regional Business Relationship Manager.

Alternatively, you can contact the Cygnet Bed Hub on: 0808 164 4450 / chcl.referrals@nhs.net.



#### How to Make a Referral

Planned admissions referral steps:

- Referral made to your regional Business Relationship Manager or 0808 164 4450 / chcl.referrals@nhs.net
- Assessment arranged and undertaken via our assessment team
- Feedback provided on whether our service can meet the individual needs
- 4 Assessment pack formulated including care plans and funding information
- Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement
- Cygnet4 Millbank, 3rd Floor, Westminster, London SW1P 3JA
- **\** 0808 164 4450

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