

Cygnets Occupational Therapy Conference 2025: Intervention, Innovation, Imagination.



Cygnets
Occupational
Therapy

Programme of the day

10.00 **Welcome Note** Presented by Victoria Wisniewski

10.05



Key Note Speaker Presented by Andy Johnston (Clinical Director of AndyJohnstonAssociates) Andy Johnston is a highly experienced Clinician, Clinical Director and leader in mental health with a career-long commitment to advancing mental health care through innovation, service user engagement, and the professional development of staff. With a 40 year career spanning both the NHS and the independent sector, Andy has led meaningful improvements and strong governance across mental health pathways.

10.30 **Transforming Practice: VdTMoCA Preceptorship and Collaborative Approaches to Behaviours that Challenge** Presented by Theoca Fredericks & Michelle van Vuren

11.00 **Break**

11.15 **Activity PRN: Time to roll out. An interactive presentation about Activity PRN and roll out of the intervention across the Acute and PICU service line**
Presented by Neil Barker

11.45 **Rediscovering Purpose: A case study of recovery through Occupational Therapy in Mental Health Rehabilitation** Presented by Shaun Arthur (Expert by Experience) & Sarah Leigh

12.15 **Lunch**

13.15 **Roll for Motivation! Using Dungeons and Dragons as a meaningful occupation in CAMHS** Presented by Ellie Madeira & Alex Brocksom

13.45 **Using Occupation to Assess and Treat Executive Function within Neuropsychiatry Services** Presented by Georgia Nelson, Ryia Farrow, Alex Scordis-Hutchinson & Abishek Gopinathan

14.15 **Break**

14.30 **OT Tool Box: Empowering Independence through Social, Emotional & Practical Skills**
Presented by Zaheera Gangat

15.00 **Moving Through Sensory Challenges: A Dance Group Intervention**
Presented by Amrutha Chandran

15.30 **Closing Plenary** Presented by Victoria Wisniewski

