

*Improving lives together*

## Specialist Residential Service with Nursing for Adults with Learning Disabilities and/or Autism

**Hollyhurst, Darlington**

**Good**

Placements  
now  
available

Hollyhurst is a specialist residential service with nursing, supporting people with learning disabilities and complex needs in Darlington, County Durham. The specialist MDT led team support people who have additional mental or physical health needs and behaviours that may challenge.

The team specialise on taking people who are in a crisis. Depending on the individual's level of need, we provide different levels of support within three areas.



Mixed  
Gender



18+ years



22 Placements

**14 placements in the main house** - there are a number of living areas including a quiet lounge and two large communal lounges. In addition the service has a resident's café, life skills kitchen, IT room as well as a relaxation room. Everyone has their own bedroom, some of which are en-suite, which they are encouraged to decorate and personalise to suit their own personal style.

**4 single occupancy flats** – these bespoke flats provide people with more complex support needs in their own space to live more independently with staff support. We support people to gain the skills needed for moving on to supported living.

**Hollyhurst Lodge** – within the grounds, this 2 bedroom bungalow is a bespoke self-contained service delivering 24 hour support for two individuals. This service was specially designed in partnership with local commissioners and community teams to provide personalised support for two adults with complex needs.

## Our service at a glance

Hollyhurst is a detached period property is set in its own private gardens which is accessed by a private tree-lined driveway. Located in the town of Darlington, the residents have access to a great range of recreational and leisure facilities as well as being just a short drive away from some beautiful County Durham countryside.

Hollyhurst has a dedicated activity coordinator who supports residents to have individual activity plans, which are created based on each person's likes and hobbies. The team enable residents to structure their time, build relationships and establish a balance between therapy, self-care, work and leisure, as appropriate to their individual needs.

Individuals come to Hollyhurst for different reasons; they may require more support than can be provided in a supported living setting or they may be moving along their care pathway from a hospital placement. Whatever the reason, the team can offer specialist input based on individual need to deliver flexible and effective support.



### Our resident profile:

- > Adults from the age of 18+ years
- > Individuals with a primary diagnosis of learning disability or autism, accompanied with behaviours that challenge including mental illness or a forensic background
- > Individuals with a secondary diagnosis of personality disorder or autism
- > May have communication challenges
- > May have associated complex needs
- > May have physical health needs



'Good' by the  
Care Quality  
Commission (CQC)



### Extensive links with local community facilities

for people with learning disabilities including; performing arts, vocational colleges and volunteering opportunities

Service is currently being  
**extensively refurbished** and  
developed to meet the needs of the  
individuals we support



Gardens  
**providing space**  
for individuals to play  
sports or relax with  
friends and family



Easy read  
and other  
accessible  
information  
available  
to residents



**Supporting  
residents** to  
go on holidays  
and day trips



**On-site Multi-Disciplinary  
Team (MDT)** consisting of RMN  
& RNLD nurses, occupational  
therapy, speech and language  
therapy, psychology and psychiatry



**Host regular parties for  
families and individuals**  
from other local Cygnet learning  
disabilities services

**Independent  
advocacy  
visits** service  
multiple times per  
week



**Maintain and promote family involvement**  
& contact where appropriate



### Our facilities:

- > Multiple lounges
- > Communal dining room
- > Gardens
- > Café area
- > Bespoke accommodation for individuals with more complex support needs
- > Life skills kitchen

I honestly cannot praise you or your staff team enough. The support they are providing and have done since the minute you started to work with her has been of such a high level. – **Care professional**

### Our community links:

- > Shops and restaurants
- > Swimming pools and leisure centres
- > Vocational opportunities
- > Community facilities specialising for individuals with learning disabilities
- > Great transport links



For more information or to make a referral, please contact your regional Business Relationship Manager or email:  
**sc.referrals@cygnethealth.co.uk**

### Where are we?

**Hollyhurst**  
118 Woodland Road, Darlington,  
County Durham, DL3 9LN

**Phone number**  
01325 252 002



CYG-765 | Date of Preparation: 07/11/24

- 1 Referral made to Cygnet Social Care and a desktop assessment is undertaken to review suitability for placement
- 2 If a suitable placement is identified, an assessment is arranged and undertaken by our specialist team
- 3 Feedback is provided on whether our service can meet the individual's needs
- 4 Detailed placement proposal is formulated to include care plans and funding information
- 5 Once placement is confirmed, transition plans are developed with all relevant stakeholders and admission date is agreed

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Empower

Respect

Care