

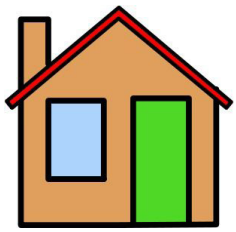
Your guide to Supported Living

with Cygnet

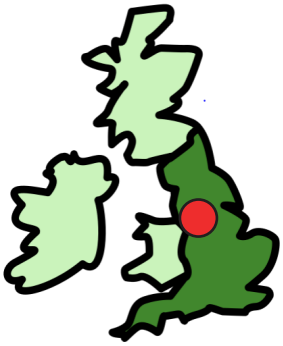
Warrington, North West

Supported Living, Warrington

North West



Cygnet runs a house in Warrington.



Warrington is in the North West of England.

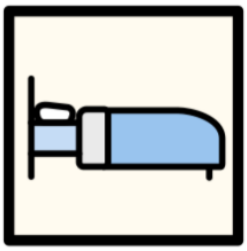


The house is for 1 person. You will not live with another person. Staff will support you when you need it.

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You will have your own:



- bedroom



- bathroom



- kitchen



- living room



- outdoor space

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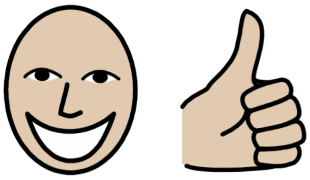
About Supported Living



Supported living is an important step towards independence.



Being independent helps you make more choices about the life you want to live.



We will make sure you have what you want and need in your home.



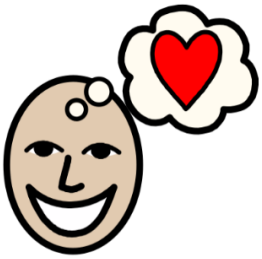
Staff can help you with activities and help you to learn new skills.

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How we support you




We will talk to you to find out what you like to do.



We will work with you to achieve your goals and dreams.




We help you build your skills and confidence.



We can remind you to take your medicines.




We can help you live in a healthy way.



We can help you to go clothes shopping and keep your clothes looking nice.

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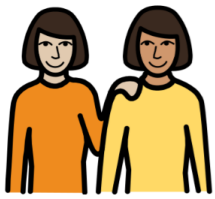
What skills would you like to learn?



gardening



to look after your money



meet new people



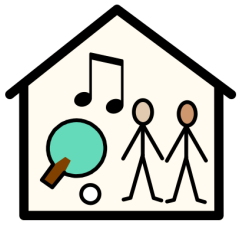
make food



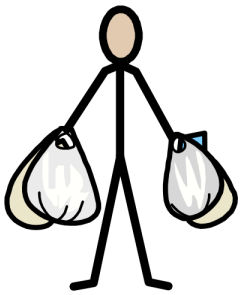
housework

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We can help you to:



- join clubs and social groups



- go shopping



- keep in touch with friends and make new friends



- see your family



We will support you to look for a job if you would like to work.

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Paying for things



Cygnet gets money to support you.



The money pays for people to support you.



Here are some examples of the things you can also spend your money on:



- clothes



- household bills and rent



- getting your hair cut



- activities you want to do

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Your notes

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Address	Cygnet 4 Millbank, 3rd Floor, Westminster, London, SWIP 3JA
Telephone	0207 123 5706
Website	www.cygnetgroup.com

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