## Improving lives together

## Specialist PICU for Men

Albert Ward. Cygnet Victoria House, **Darlington** 

Good

Albert Ward is our 9 bed male PICU at Cygnet Victoria House, which accepts emergency and crisis admissions. Referrals will come to us from all areas, including acute and prison services. Our aim is a short, rapid intervention to help service users regain a sense of control and order in their lives, so they can move to a less restrictive care setting and ultimately return home.

The service provides expert, intensive, short-term, individualised care for those detained under the Mental Health Act. Service users will present with increased risks that require them to be assessed and treated in a PICU environment.

Our team works closely and collaboratively with individuals in our care, their families and the referrer to provide a seamless pathway from referral to discharge. Our approach is recovery focused and supported by comprehensive multi-disciplinary teams, contributing to shorter lengths of stay.

I don't know how to thank each and every one of you for the love, care and friendship you've shown me whilst I've been here. It goes way beyond anything I expected. The work you do is incredible, you are literally saving people's lives.









## Our service user profile:

- > Men, aged 18+ years
- > Detained under the Mental Health Act
- > Experiencing difficulties that present a risk to the well-being of themselves or others that cannot be treated in an open environment
- > Diagnoses may include:
  - Acute mental illness
  - Acute depressive illness
  - **Psychosis**
  - Schizophrenia
  - Bi-polar disorder
  - Personality disorder
  - **Dual diagnosis**
- > May present with co-morbid presentations:
  - Self-harm
  - Substance misuse issues
  - Complex needs



Referral made to Cygnet bed hub via

For All PICU and **Acute Referrals** (Adults and CAMHS)

0808 164 4450 chcl.referrals@nhs.net

Feedback provided on whether our services can meet the service user's needs within 1 hour of receipt of full clinical information

Admission agreed and arranged with referring team following confirmation of funding 3

## Where are we?

**Cygnet Victoria House** Consett Barton Street, Darlington, Durham Stånhope County Durham DL1 2LN Bishop eesdale Auckland Hårtlepo Phone number Middlesbr 01325 385 240 Barnard Darlington Richmond **Dodsworth St**  Northallerto Thirsk Helmsl Cygnet Victoria House **Nestfield St Cornwall Ave** CYG-775 | Date of Preparation: 09/10/24

Please visit cygnetgroup.com for more info | Follow us on social media:







