



Your guide to Cygnet Lodge Salford

Mental Health Rehabilitation

Cygnets Lodge Salford

North West

Registered address: Cygnets Lodge Salford,
Radcliffe Park
Crescent,
Salford,
Manchester
North West
M6 7WQ

Cygnets Lodge Salford is owned by Cygnets.
Cygnets Lodge Salford is located in the North West.

The people we care for here are:

- Female
- 18+





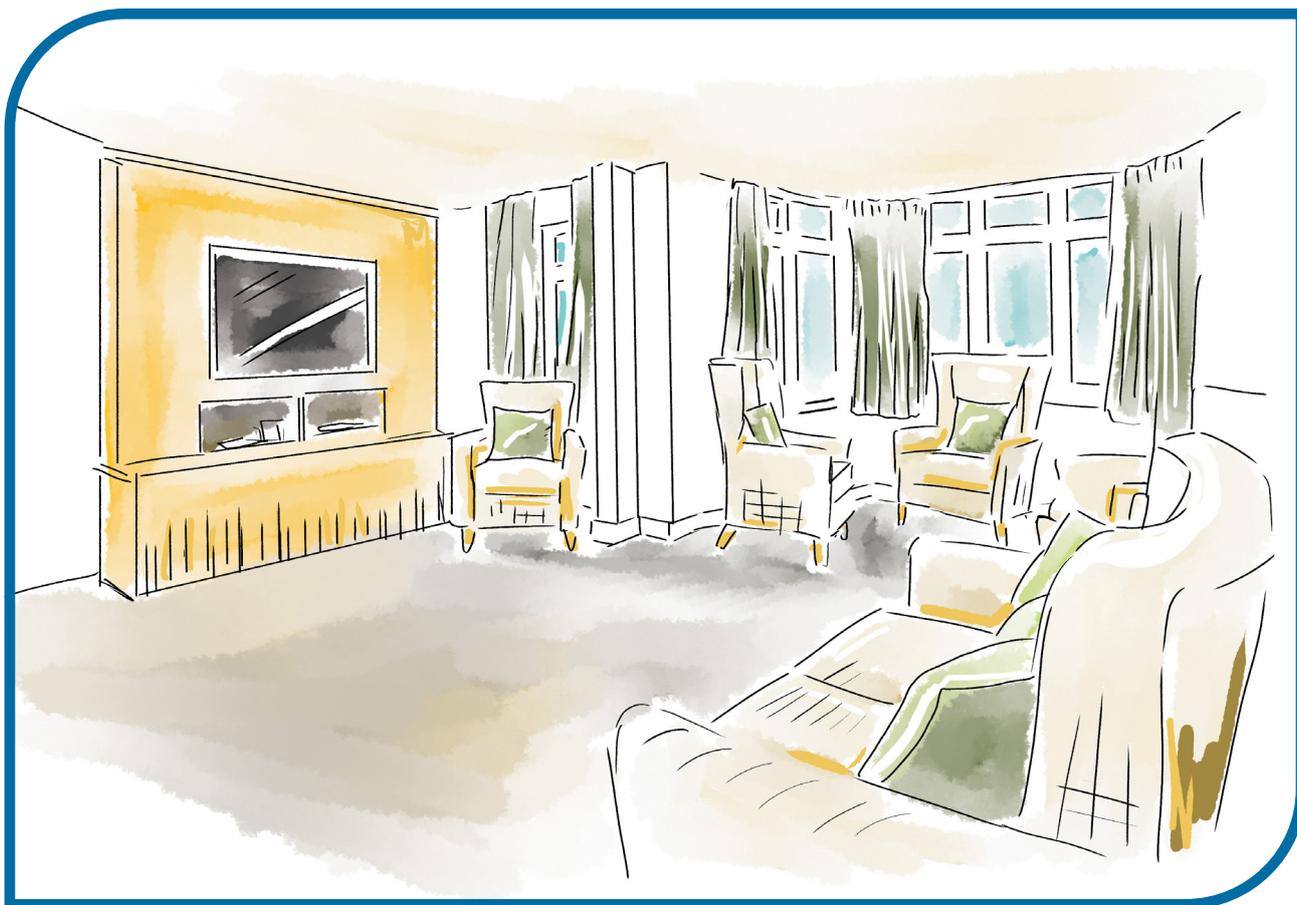
Up to 24 people can stay at Cygnet Lodge Salford. We want you to feel safe and comfortable while you stay here.

We will give you support to enhance your personal skills and rebuild your life. We will listen to what you want and need.



Living spaces

You will have your own bedroom and bathroom. You can make this space your own and fill it with your things.

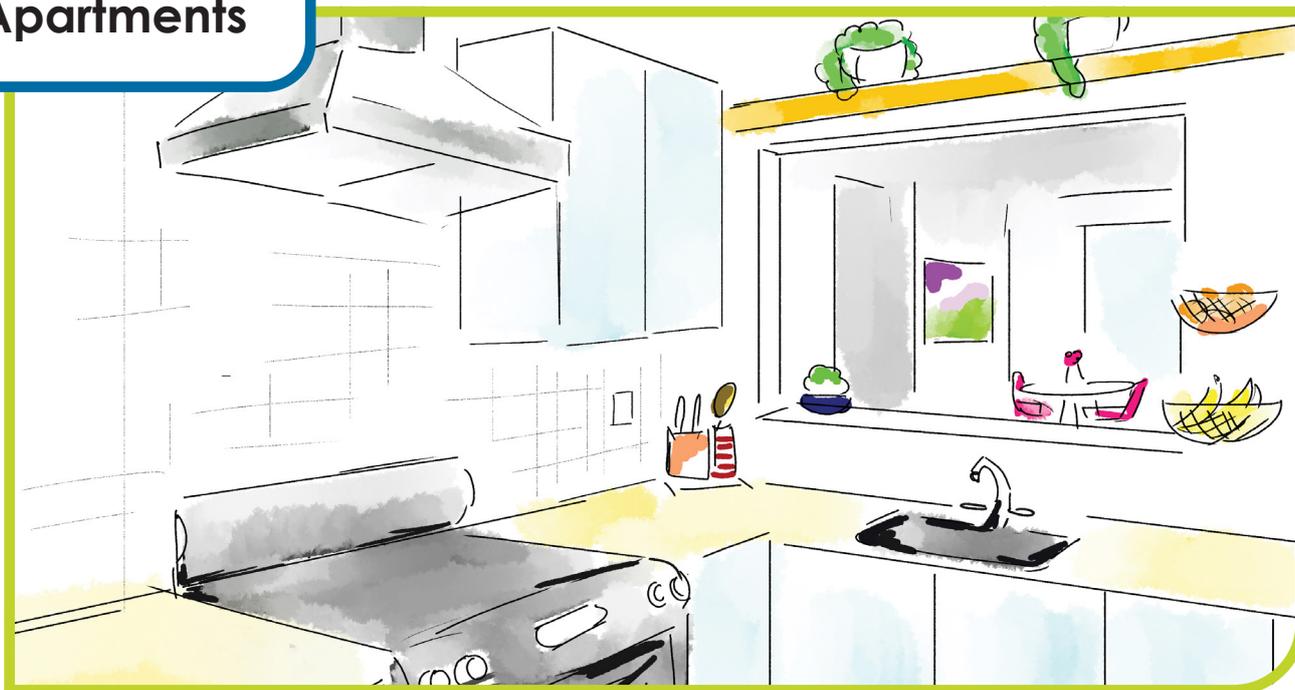


You will share dining and lounge areas with other people.

We also have a therapy kitchen for you to practice daily living skills.



Apartments



We also have a 3 apartments to provide a more independent way of living.

There are 2 apartments where 1 person can stay at a time. There is also a 3 bed apartment with a small garden.

If you stay in these apartments you will be supported by staff who will work closely with you to help prepare you to move on to a residential service or supported living setting.

Our team



There are a range of staff available to you, they are dedicated to understanding you and helping you through the highs and lows of your recovery.

We will make sure you have what you want and need to maximise your independence and help you in your recovery. Staff will be supportive and encouraging.

Who is here to help you?

- Psychiatrist
- Psychologist
- Nurses
- Occupational therapist
- Clinical hospital manager
- Support workers



Goals

We will work with you to make a **person-centred plan**. We will talk to you about your needs and aims and jointly make a plan to make you be as independent as possible. Our aim is to help you in the best way for you.



Our facilities

We will try to make your stay with us as pleasant as possible. Some of the facilities available to you are:

- En-suite bedrooms
- Quiet Lodge
- Therapy kitchen
- Beauty salon
- Large enclosed gardens
- Sensory room
- Assisted bathroom
- On-site laundry facilities
- A variety of living and dining spaces



Activities



Our focus is to help you increase your independence where possible, through work and education as well as at social and leisure facilities.



You will be given the opportunity to learn new skills and practice daily living skills, these will be timetabled into your plan to help you gain more independence.

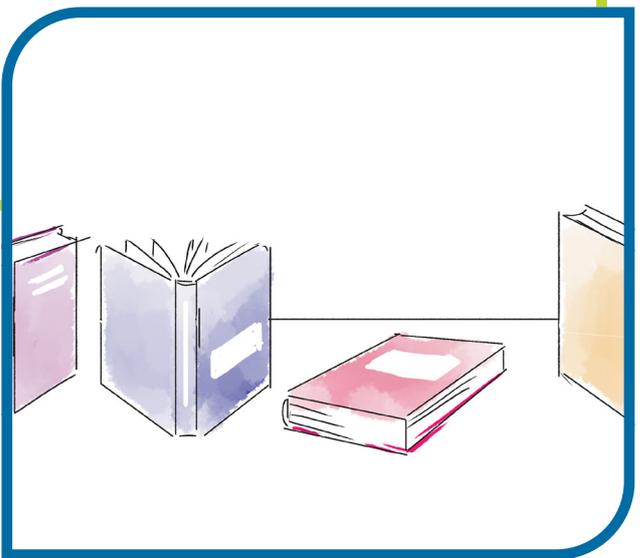


If you want you can be involved with the **people's council**. This is a meeting where people get involved in what happens at Cygnet Lodge Salford. You can share your opinions and have your say about what you think.

Community

When the time is right you are encouraged to go out into the community. Nearby we have:

- Local shops
- Restaurants
- Libraries
- Trafford Centre
- Cinema



Job Support

Staff will give you support and guidance to explore vocational opportunities online and in the community.

We can help you to:

- write a CV
- apply for a job
- apply for volunteer work or work experience
- practice for interviews
- gain more skills



Address

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Website

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Information
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