

Your guide to
Kingswood Ward
Cygnet Hospital Maidstone

Mental Health Rehabilitation

Kingswood Ward

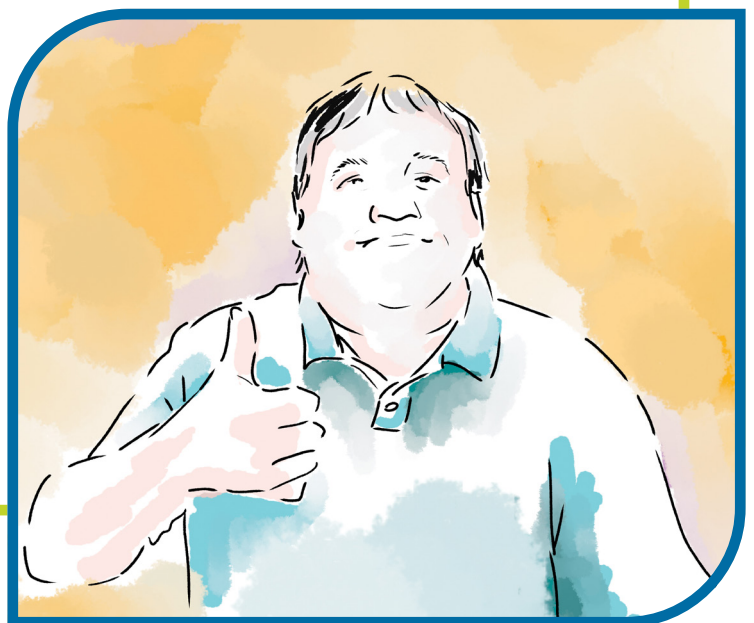
Kent

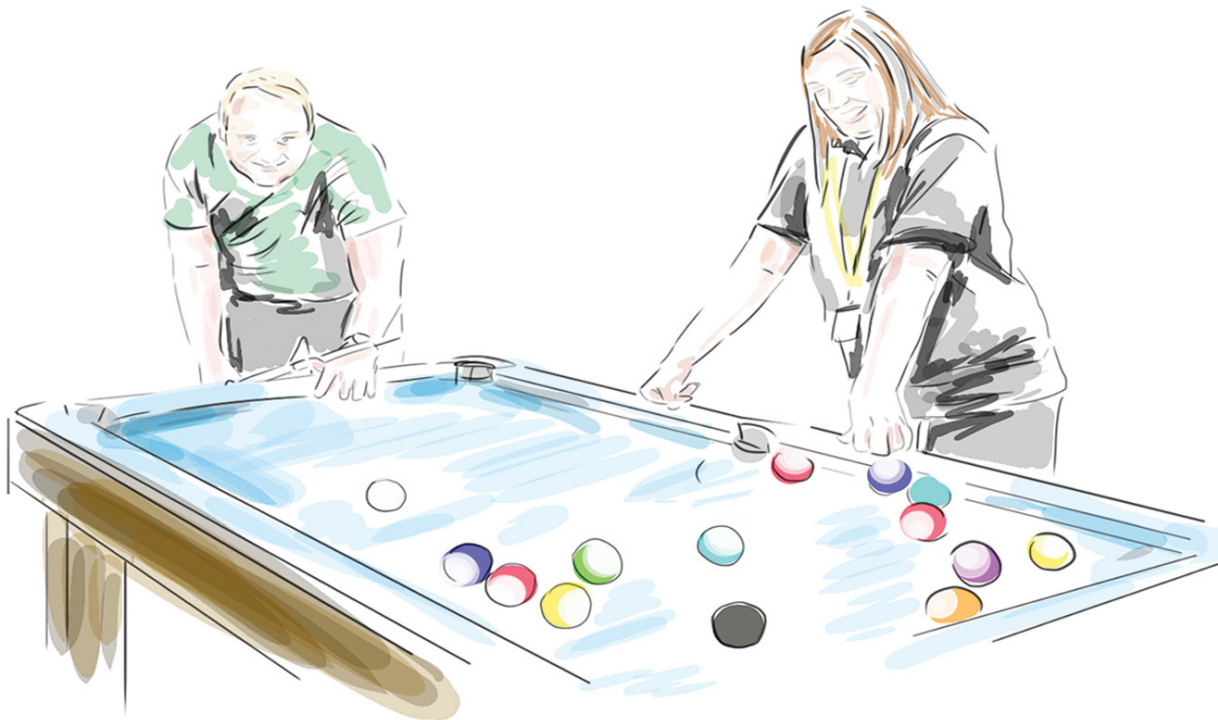
Registered address: Cygnet Hospital Maidstone,
Gidds Pond Way,
off Newnham Court Way,
Weaving,
Maidstone,
ME14 5FY

Kingswood Ward is part of Cygnet Hospital Maidstone. It is owned by Cygnet. Cygnet Hospital Maidstone is located in Kent.

The people we care for at Kingswood Ward are:

- Male
- 18+





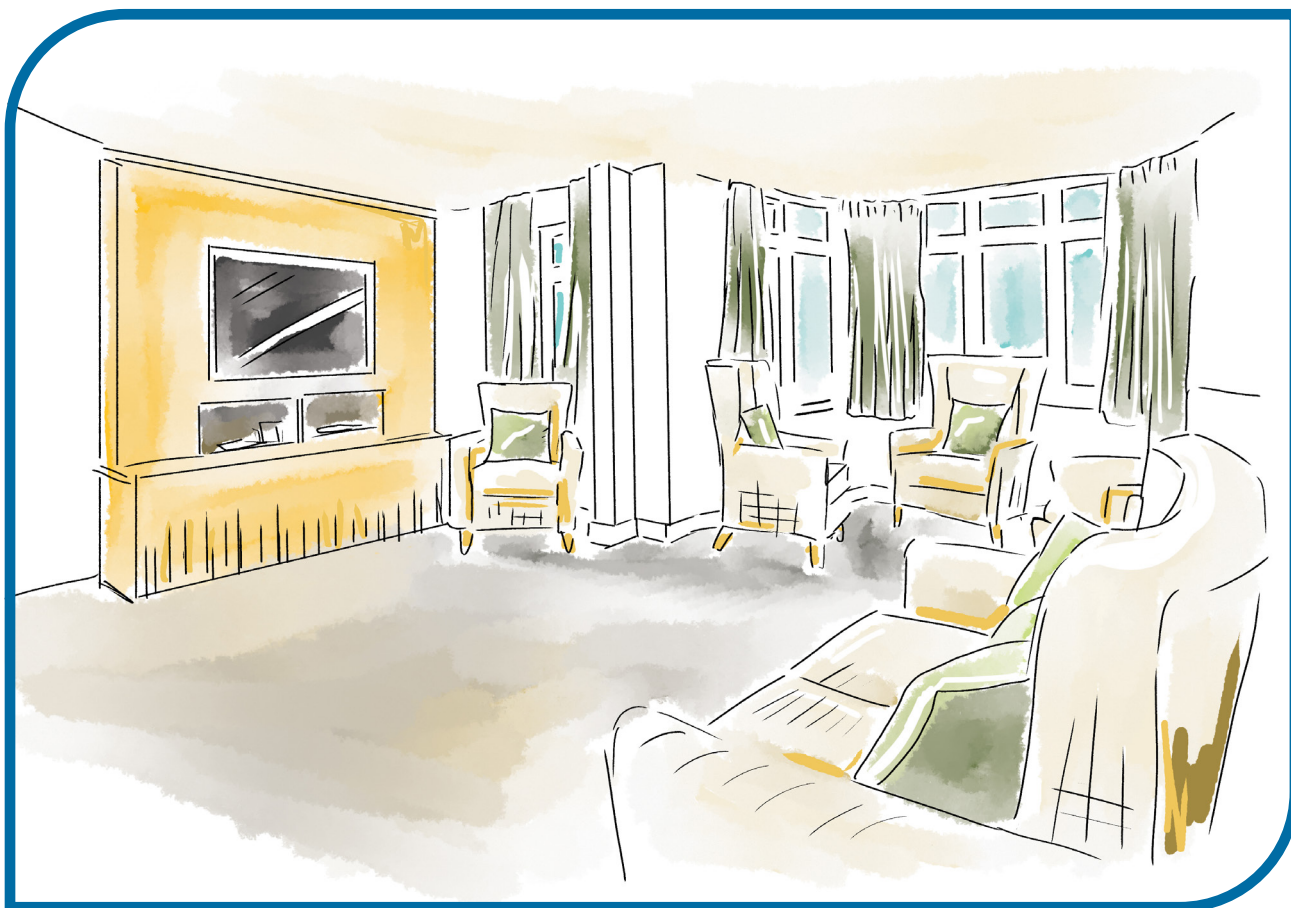
Up to 16 people can stay at Kingswood Ward.

We will give you support to enhance your personal skills which you will learn and practice in a safe environment. We aim to create an optimistic, community based culture. We will set you goals to help you on your pathway to recovery.



Living spaces

You will have your own bedroom and bathroom. You can make this space your own and fill it with your things.



You will share dining and lounge areas with other people.

There are smaller lounge rooms if you need a quiet space.



Our team



There are a range of staff available to you. They will be supportive and encouraging.

We will make sure you have what you want and need to maximise your independence and help you in your recovery.

Who is here to help you?

- Psychiatrist
- Speciality Doctors
- Nurses
- Psychologist
- Occupational Therapists
- Hospital Manager
- Head of Care
- Psychology Assistants
- Therapy Coordinators
- Support Workers



Goals

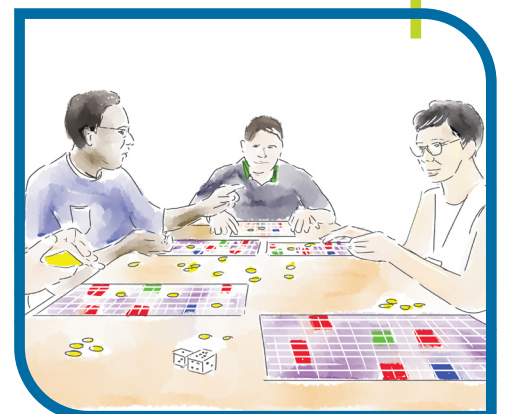
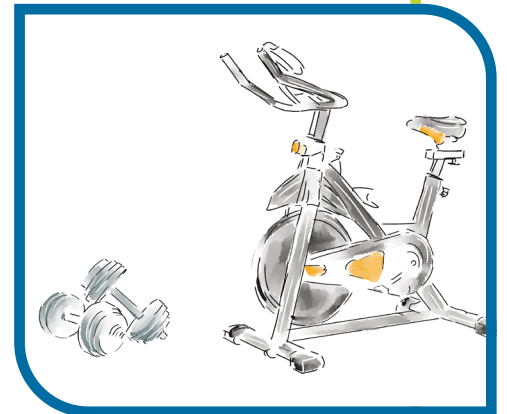
We will work with you to make a person-centred plan. We will talk to you about your needs and aims and jointly make a plan to make you be as independent as possible. Our aim is to help you in the best way for you.



Our facilities

We will try to make your stay with us as pleasant as possible. Some of the facilities available to you are:

- En-suite bedrooms
- On-ward therapy kitchen
- Lounge and dining room
- Quiet room
- IT room
- Separate laundry room
- Service User shop
- Gym and outdoor exercise area
- Extensive therapy spaces including Recovery College classrooms
- Outside space including ward garden and communal roof terrace



Activities



There are plenty of activities for you to get involved with. You can work on daily living skills, such as cooking or laundry these will be timetabled into your plan to help you gain more independence.



We also have plenty of creative arts activities for you to enjoy.

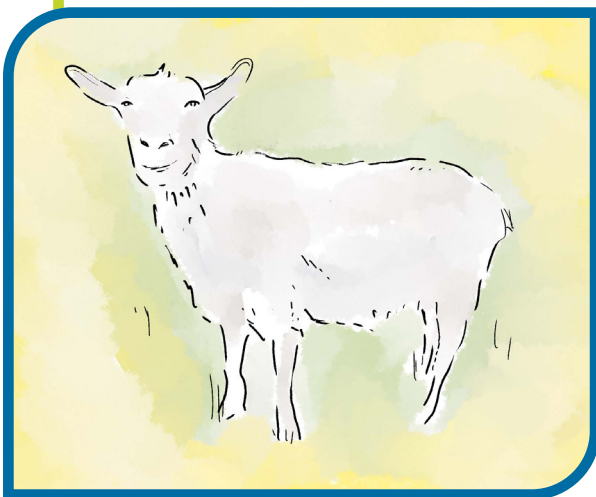


If you want you can be involved with the **people's council**. This is a meeting where people get involved in what happens at Kingswood Ward. You can share your opinions and have your say about what you think about your care.

Community

When the time is right you are encouraged to go out into the community. Nearby we have:

- Kent college
- Mote Park and Leisure Centre
- Nature reserve
- Local town with shops and cafés
- Good local transport links
- Goat sanctuary



Address

Cygnets
4 Millbank, 3rd Floor,
Westminster,
London,
SW1P 3JA

Telephone

0207 123 5706

Website

www.cygnetsgroup.com

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Information
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