

Improving lives together

Personality Disorder Complex Care Service for Women

NEW, Now
taking referrals

Bramley Ward, based at Cygnet Appletree, is an intensive support service for women with a personality disorder and complex mental health needs.

Rehabilitation is provided in a therapeutic setting, with a level of security matched to individual need. The aim of the treatment, rehabilitation and re-socialisation programme is to equip the women in our care with the skills and confidence they need to navigate challenges that may come with returning to community or independent living.



Female



18+ years



12 beds



Our service user profile:

- > Women, aged 18+ years
- > Detained under the Mental Health Act or informal
- > Primary diagnosis of personality disorder
- > Likely to be diagnostically complex
- > May admit people initially requiring additional care, each case is assessed on an individual basis
- > May be disengaged from treatment

At a glance

Cygnnet Appletree is located in the village of Meadowfield, just outside of Durham. The immediate area offers supermarkets, a leisure centre, parks, salon's and cafés. A quick 15-minute bus ride takes you directly to Durham City Centre, offering a vast array of shops and activities to suit every interest.

Our team empower the women we support to coproduce their activity and therapy programmes, to ensure they are meaningful and effective.

Our model of care follows a 5 stage process that aims to deliver a personalised and integrated combination of psychotherapeutic and pharmacological interventions.

We promote physical health, wellbeing and meaningful occupation as part of our treatment programme, using strong community links to facilitate individualised wellbeing plans.



Stage One

Preadmission

Stage Two

Assessment

Stage Three

Stabilisation stage

Stage Four

Active Treatment and
Rehabilitation stage

Stage Five

Transition and Discharge

Our facilities:

- > En-suite bedrooms
- > Beauty salon with visiting hairdresser
- > Activity room
- > Therapy kitchen
- > Gym / dance studio
- > Outdoor spaces including a netball court and therapy garden
- > Sensory room
- > Low-stimulus room



Regular pet therapy sessions



Holistic therapies including Reiki sessions



On-site vocational activities - assisting with cooking and gardening work



Community activities such as bowling, swimming and shopping

Proud to be accredited with the Triangle of Care



Make a referral

- 1 Referral made to your **regional Business Relationship Manager** or 0808 164 4450 / chcl.referrals@nhs.net
- 2 Assessment arranged and undertaken via our assessment team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Where are we?

Cygnets Appletree

Frederick Street, Meadowfield, County Durham, North East DH7 8NT

Phone

0191 378 2747



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