

Improving lives together

Low Secure Mental Health Service for Men

**Saltwood Ward,
Cygnnet Hospital Maidstone, Kent**

Accepting
Referrals

Saltwood Ward provides a 16 bed low secure service for men with enduring mental illness, including those with a personality disorder at Cygnnet Hospital Maidstone, Kent.

The multidisciplinary team (MDT) is integrated and work as one, sharing expertise. The Trust also has extensive community links which can be particularly helpful for service users moving towards discharge, thus helping to keep lengths of stay to a minimum.

Our male high dependency inpatient rehabilitation service, Kingswood Ward at Cygnnet Hospital Maidstone, provides a pathway for men from Saltwood Ward requiring a stepdown to a lower level of security.

Cygnnet Hospital Maidstone is a core and active provider partner in the South East (KSS) Provider Collaborative for Adult Secure Services. The primary focus of the partnership is to be able to offer secure care within the South East region when a service users requires it. Also to keep lengths of stay within secure services as appropriately short as possible, while achieving the treatment goals set out. The Provider Collaborative Case Manager oversees the quality and care of our KSS patients.



Male



18+ years



16 beds

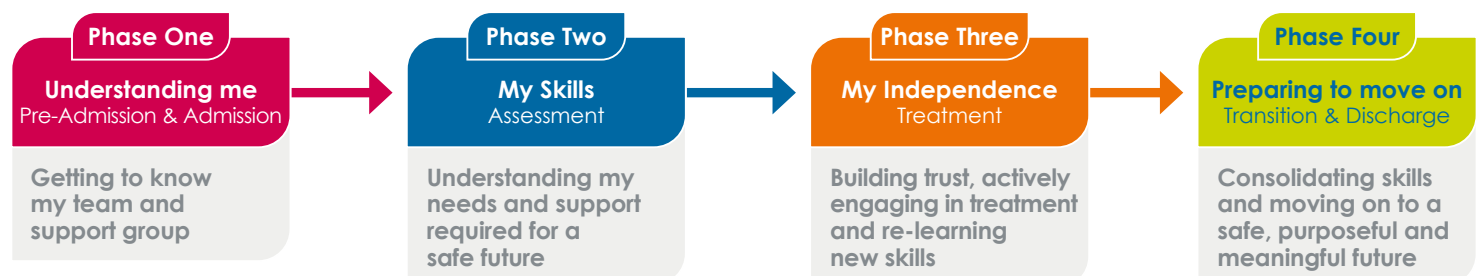
Our service user profile:

- > Men, aged 18+
- > Detained under the Mental Health Act
- > Requiring assessment and treatment in a secure environment
- > Presenting active or potential risk to others
- > Diagnosis of:
 - Severe and enduring mental health problems
 - Psychotic disorder
 - Schizoaffective disorder
 - Schizophrenia
- > May be exhibiting dangerous and challenging behaviour
- > May have a dual diagnosis with substance abuse
- > May require a specialist service for treatment or management of personality disorder
- > May have a forensic history

"Thank you all so much for the work you do on the ward, and in the community, with all the patients."

- External health professional

Our Model of Care



Our daily activity programme:

- > Social group
- > Self-harm management
- > Anger management
- > Dietetic assessment and advice
- > Life skills
- > Education
- > Recovery groups
- > Ward based activities
- > Daily planning meeting
- > Current affairs group
- > Recreational activities
- > Relaxation
- > Gardening
- > Art Group

In the last two years **77% of those discharged** have been able to move to a lower level of security, or closer to home.*

*Data from period Oct 22 - Nov 24

"I have been kept up to date with my son's journey towards discharge, and informed at every stage, which is also extremely helpful and much appreciated. Carers' Support has been communicative and informative." - **Parent**



Our facilities:

- > En-suite bedrooms
- > Extensive social and recreational space
- > Activities of Daily Living (ADL) kitchen
- > Safe outdoor space



Make a referral

- 1 Referral made to your **regional NHS Partnerships Manager** or 0808 164 4450 / chcl.referrals@nhs.net
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Where are we?

Cygnnet Hospital Maidstone

Gidds Pond Way, Off Newnham Court Way, Weaving, Maidstone ME14 5FY

Phone number
01622 580 330



CYG-1014 | Date of Preparation: 19/12/24

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