

Improving lives together

# Neuropsychiatric Service for Men

Cygnnet St William's, Darlington

Good



Cygnnet St William's is a 12 bed Neuropsychiatric care and treatment facility offering those affected by acquired brain injuries. It is a safe and secure place to aid recovery as well as offering those diagnosed with a progressive neurological disease, like Huntington's Disease, a caring and longer placement to support and help manage the progression of their symptoms.

The hospital is a modern purpose built facility which has been designed specifically to provide a clinically led evidence based neuropsychiatric pathway for those individuals presenting with behaviours that challenge. Our focus is to create a therapeutic rich environment which engages our service users and offers them the opportunity to minimise their challenging behaviour and maximise their independence. We provide a resource intensive in-house Neuropsychiatry interdisciplinary team dedicated to the 12 service users at Cygnnet St William's.



Scan the QR code or click here to watch a short video on Cygnnet St William's



Male



18+ years



12 beds

Our person centred approach puts the individual at the centre of their treatment and discharge planning. The service offers a wide range of activities and facilities to promote independent function. Positive behaviour goals are focused on discharge planning to support service users to return to community living – either with support or independently.

## Our facilities:

- > En-suite individual bedrooms
- > Therapy kitchen and additional therapy spaces
- > Dining room
- > Living room
- > Additional communal areas
- > Multi-functional outdoor space including gardens
- > Accessible bathrooms
- > On-site laundry facilities
- > Specific dietary needs met by our in-house catering team

## Our service user profile:

- > Men aged 18+ affected by a neurological condition where challenging behaviour is the leading impairment
- > May be detained under the Mental Health Act, informal or subject to DoLS
- > May have a forensic history
- > With a diagnosis of:
  - Established or suspected Acquired Brain Injury including those sustained through trauma, anoxia, stroke, tumour, virus or infection
  - Established or suspected neurodegenerative condition including Huntington's Disease
  - Specialist Dementia e.g. Pick's Disease, Frontotemporal Dementia
  - Korsakoff's Syndrome or other substance abuse related brain injury
- > Presenting symptoms may include:
  - Dysphasia or other communication problems
  - Dysphagia with or without the requirement of PEG support / modified diets
  - Moderate to severe cognitive impairment
  - Respiratory difficulty requiring support of BiPAP (Bi-level Positive Airway Pressure) or CPAP (Continuous Positive Airway Pressure)
  - Mobility impairments
- > Presenting comorbidities may include:
  - Psychiatric disorders including psychoses
  - Complex epilepsy
  - Post-ictal psychosis
  - Organic personality disorder

**Community links** include the Dolphin Centre, which is a sports centre with gym, swimming pools, and hydrotherapy pool



**Physical health care clinic** is supported by a Registered General Nurse



### Inter-disciplinary team input including:

- Psychologist
- Occupational Therapist
- Speech and Language Therapist
- Physiotherapist
- Clinical Hospital Manager
- Therapy Coordinator
- Nurses across RMN / RGN / RNLD disciplines
- Support Workers
- GP cover from local practice



**Onsite Gym** which has weights, exercise bikes and parallel bars for support with mobility rehab



**Therapy kitchen** and additional therapy spaces



**Close to local town of Darlington**, with access to cinemas, parks, shopping and cafés



**Multi-functional outdoor space** including garden



Our average length of stay is

**8 months\***



**100%**

of those discharged were able to **return home or step down along their care pathway\***



\*Data from a 12 month period ending Sept 24.



"All the staff I've met and dealt with at Cygnet St William's have been fantastic. I am so very grateful for all the excellent care, support and respect they are all giving my brother." - **family member**



"Thank you for everything you have done for me over the past few months, this has been the best hospital I have been in. I actually am hopeful for my discharge and believe that I will not be re-admitted this time." - **former service user**

## Make a referral

- 1 Referral made to your **regional Business Relationship Manager** or 0808 164 4450 / [chcl.referrals@nhs.net](mailto:chcl.referrals@nhs.net)
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

## Where are we?

**Cygnet St William's**  
Cornwall Avenue, Darlington,  
County Durham DL1 2LJ

**Phone number**  
01325 638710



CYG-737 | Date of Preparation: 25/10/24

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