

Cygnets Hospital Beckton

# 100 Years of Women's Achievements

**Date** Tuesday 24th July 2018  
**Venue** Cygnets Hospital Beckton,  
23 Tunnnan Leys, London, E6 6ZB  
**Time** 11am – 4pm

Join us to celebrate the achievements of women who have influenced mental health, to recognize the work in progress and to look to the future. The day will involve MDT presentations and a workshop facilitated by special guest, Mental Health Advocate and Expert by Experience, Liz Atkins.

For more information or to reserve your place please contact Pauline Daniels at [PaulineDaniels@cygnethealth.co.uk](mailto:PaulineDaniels@cygnethealth.co.uk)  
(Please include your workshop preference)

Places are limited and will be allocated on a first come-first served basis.



## Programme of the Day

**11:00 Parade**  
Women who have influenced us

**11:05 Welcome**  
Judith Etheridge, Hospital Manager

**11:10 The changing face of women's rights in society and Mental Health**  
Viviana Meloni & Psychology Team

**11:30 Influencing Care & Interventions**  
Lucy Protheroe & Abu Idris, PMVA Leads

**11:50 A showcase through time**  
Vanessa Ofori, OT Technician  
& the OT team

**13:00 Lunch**

**14:00 Workshops**

- Corporeal Art workshop Liz Atkins, Visual Artist and Creative Practitioner
- Colour Me Beautiful Eleanor Mitchel, Consultant
- Shapes and Size Rigby & Peller, Josie & Natasha, Consultants

**15:30 Event Close**

**16:00 End**