

*Improving lives together*

# Specialist residential service for adults with learning disabilities and complex needs

**Kirkside House, West Yorkshire**

Good

Now taking referrals

Located in a historical area in Leeds, Kirkside House is a specialist residential service providing outcome focused care for adults with learning disabilities and associated complex needs who may have behaviours that challenge.

Person-centred planning is at the heart of everything we do and we are able to meet the changing needs of our residents as they progress through their care pathway, while ensuring their safety is maintained and their independence supported.



Mixed gender



18+ years



7 placements in 3 living units

## Our resident profile:

- > Adults from the age of 18 years
- > Individuals with a primary diagnosis of learning disability accompanied with behaviours that challenge including mental illness or a forensic background
- > Individuals with a secondary diagnosis of personality disorder or autism
- > May have communication challenges
- > May have associated complex needs



## Our service at a glance

There are 3 living areas within Kirkside House all supporting people who are at different stages in their care pathway. There is a 4 bed unit for individuals to live in small groups with lounge, dining room and kitchen. The service then has a 2 bed ground floor unit, allowing 2 individuals their own space. This part of the service is suitable for individuals who may have physical / mobility issues. Finally, we have a 1 bed bespoke living area for an individual who requires 2-1 care. This unit has its own living space and its own private garden.

Externally there is a large garden which is shared with Kirkside Lodge (also a residential service located in the same grounds). There is plenty of space in the garden for people to participate in the gardening project, where they grow their own vegetables, create hanging baskets, or enjoy the sensory garden and outside space.

We also host the bakery project, these projects and a textile project are ran in conjunction with the other local Cygnat residential services. These projects introduce vocational and learning activities designed to give residents the opportunity to learn valuable skills and develop confidence in a safe and familiar environment.

We ensure we involve family or advocates in an individual's care. We have high staffing levels to ensure that we are able to meet the changing needs of the residents as they progress through their care pathway.

The service is in walking distance of community facilities including shopping centres, cafes and leisure centres. It is also only a 1 minute walk from the 800 year old Kirkstall Abbey, where the residents can visit to enjoy the surroundings, learn about the historical ruins or visit the on-site café.





Rated **'Good'**  
by the CQC

### Community meetings

- residents give thoughts  
and feedback  
on the service



### Gardening projects

- hosted in the large garden where  
individuals learn how to grow  
produce and taking care of chickens



"Staff make me  
feel safe."  
- Resident

**Bakery project** - At our on-site bakery  
project, individuals are taught how to make  
cakes and other sweet treats, whilst also  
learning about the safety aspect of a kitchen



**Monthly  
themed  
activity days**

**Supporting  
individuals**  
to enhance their  
social skills



**Easy read** and other  
accessible information  
available to  
all residents



### Textiles project

- giving individuals the  
opportunity to learn to sew and  
create new things each week

**Good  
relationship**  
with local CLDT



Focused on  
**reducing  
restrictive  
practice**



### Our facilities:

- > En-suite bedrooms
- > Multiple kitchens
- > Lounges
- > 2 activity rooms
- > Dining room
- > Large garden

### Our community links:

- > Cinemas
- > Local parks
- > Community groups
- > Colleges
- > Shops, cafes  
and restaurants
- > Sports clubs
- > Great public  
transport links
- > 20 minutes to Leeds  
City Centre
- > Excellent transport  
links and  
local amenities

"The support that both my daughter and I have received  
during the pandemic has been extremely reassuring and of the  
highest quality." - Family member

"I am very lucky that my daughter is living at Kirkside, long may  
it continue." - Family member



For more information or to make  
a referral, please contact your  
regional Business Relationship  
Manager or email:  
[sc.referrals@cygnethealth.co.uk](mailto:sc.referrals@cygnethealth.co.uk)

- 1 Referral made to Cygnet Social Care and a desktop  
assessment is undertaken to review suitability for placement
- 2 If a suitable placement is identified, an assessment is  
arranged and undertaken by our specialist team
- 3 Feedback is provided on whether our service can meet  
the individual's needs
- 4 Detailed placement proposal is formulated to include care  
plans and funding information
- 5 Once placement is confirmed, transition plans are  
developed with all relevant stakeholders and admission  
date is agreed

## Where are we?

### Kirkside House

1 Spen Lane, Kirkstall,  
Leeds, West Yorkshire LS5 3EJ

**Phone number**  
0113 278 4131



CYG-887 | Date of Preparation: 05/12/24

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