

Improving lives together

High Support Inpatient Rehabilitation (Level 2) Service for Men

Cygnet Storthfield House, Derbyshire

Good

Beds available
Now taking referrals



Cygnet Storthfield House is a 22 bed specialist high support inpatient rehabilitation (level 2) service for men in Derbyshire. The service is dedicated to providing a high quality environment for promoting long-term recovery.

From admission, our team focuses on maximising positive outcomes and recovery, with a clear path to the least restrictive environment. This includes preparing individuals for independent living or, for those needing continued support, our four-bed step-down service, 15 The Sycamores, where they benefit from ongoing multidisciplinary team (MDT) support.



Male



18+ years



22 beds

Our service user profile:

- > Men aged 18+ years
- > Detained under the Mental Health Act (1983) or informal
- > Primary diagnosis of mental illness with:
 - Complex comorbidities
 - Substance, drug and alcohol abuse
 - Treatment resistance
 - Behaviours that may challenge
- > Aiming for a return to community or community-based care
- > May have a history of trauma
- > Typical diagnoses: schizophrenia, schizoaffective disorder, bipolar affective disorder or depression
- > May have secondary diagnoses of mild learning disability, autism spectrum disorder or personality disorder
- > May have a forensic history and/or be stepping down from secure services
- > May have a history of repeated acute admissions

Our service at a glance

The service has 22 beds in total of which 9 are located on the ground floor suitable for individuals with some mobility issues. Located in South Normanton, two miles away from the busy Alfreton town centre, service users have access to all of the local amenities to ensure full integration into community life.

At Cygnet Storthfield House, our services offer more than just specialist treatments. We value service users as individuals, help enhance their interests and abilities, engage with personal hobbies, past times and vocational goals.

Our dedicated clinical team provides a full multi-disciplinary programme which includes input from: nursing, occupational therapy, psychology and psychiatry; offering service users the support and opportunities they require in order to stabilise their condition and re-integrate back into the community as independently as personally possible.

Our interventions are adapted according to individual needs in order to maximise their engagement and ensure that progress is being made. Vocational support is provided to assist our service users to prepare for therapeutic jobs at site, voluntary work and paid employment.

We support those in our care to generate CV's, apply for jobs, practice and attend interviews; alongside developing other skills necessary within in a work environment.

We are committed to working in collaboration with service users first and foremost, family and carers and external professionals to support each person to achieve their goals.

By combining a collaborative, multi-disciplinary approach, we deliver high-quality care using our unique 4 stage model of care for our mental health high support inpatient rehabilitation (level 2) services.



★ ★ ★ ★ ★
 Rated 'Good' by the CQC 

Individualised and varied
 Occupational Therapy timetable



Activities of daily living (ADL) kitchen to support skill development



Our average length of stay is 13 months*



*Based on discharges between Jun 24 - Jul 25

People's Council meetings are held monthly to discuss improvements identified within the service



Consistently 100% of individuals achieve 25 hours of activities each week

Social Hub coproduced with service users, scan QR code to find out more:



9 ground floor bedrooms suitable for individuals with mobility issues



Weekly psychology sessions

Service User of the Month Award – voted for by service users



Our multi-disciplinary team:

- > Consultant Psychiatrist
- > Specialty Ward Doctor
- > Psychologist
- > Assistant Psychologist
- > Registered Mental Health Nurses
- > Healthcare Support Workers
- > Occupational Therapist
- > Occupational Therapy Assistant
- > Activity Coordinator
- > Links with Pharmacist
- > Mental Health Act Administrator
- > Independent Mental Health Advocates

Community Links

- > Gym
- > Library
- > Leisure Centre
- > Shopping
- > Cafés
- > Places of worship

Our facilities:

- > En-suite bedrooms
- > Lounge
- > Computer / games room
- > Dining room
- > Activities of daily living kitchen
- > Quiet lounge
- > Gardens
- > Multi-faith room

Make a referral

- 1 Referral made to your regional Business Relationship Manager or 0808 164 4450 / chcl.referrals@nhs.net
- 2 Assessment arranged and undertaken via our assessment team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Where are we?

Cygnets Storthfield House
 Storth Lane, South Normanton,
 Alfreton, Derbyshire DE55 3AA
 Phone number
 01773 515 600



CYG-804 | Date of Preparation: 04/08/25

Please visit cygnetsgroup.com for more info | Follow us on social media:

Integrity

Trust

Empower

Respect

Care