

Improving lives together

Specialist Residential Service for Adults with Autism and Learning Disabilities

Birches, Nottinghamshire

Good

Birches is a specialist residential service for people with autism and learning disabilities, who may also present with behaviours that challenge. We provide a safe, comfortable and effective highly specialised environment.

Person-centred planning is at the heart of everything we do, based on each person's specific needs. We understand that consistency and continuity of care is important for the people we support.



Placements
now
available



Mixed
gender



18+ years



6 Placements

The people we support:

- Adults from the age of 18 years
- A diagnosis of autism and learning disability
- May present with behaviours that challenge
- May have communication challenges
- May have associated complex needs
- May be subjected to DoLS (Deprivation of Liberty Safeguards) or Care Orders



Our service at a glance

Birches has six en-suite bedrooms alongside numerous communal spaces including two lounges, a dining room, sensory room, IT suite and a large kitchen. Externally there are two gardens, one is a large garden with a swing and vegetable patch, the other is a quiet sensory garden.

The home is located near to the bustling town and city centres of Newark, Lincoln, Grantham and Nottingham, providing easy reach to local amenities, including parks, pubs, restaurants and leisure facilities.

As part of our care pathway, we enable the people we support to build upon their skills to achieve further independence, self-advocacy and confidence, leading to a better quality of life.

The team supports each individual to create person-centred activity plans and develop daily living skills, both inside the home and out in the community.

The integrated Multidisciplinary Team (MDT) consists of occupational therapy, speech and language therapy, psychology and psychiatry. Our staff use least restrictive practice approaches and are trained in specialised intervention techniques and sensory integration strategies.

We understand that the relationships the people we support have with their family and friends are very important and integral to their wellbeing. Therefore, we ensure that we enable each individual to stay in touch with loved ones and can facilitate home visits.



Rated 'Good'
with the CQC



Supporting individuals to fulfil their potential and achieve a meaningful life

On-site
multi-disciplinary team
consisting of occupational
therapy, speech and
language therapy,
psychology and psychiatry



Monthly home
meetings
focused on 'you
said, we did'



Achieved the
Dignity in Care Award

Dignity in the heart, mind & actions
www.dignityincare.org.uk

Easy read
and other
accessible
information
available
to all



Central location
with easy access to
many local towns



Supporting individuals to go
on holiday

'Birches Blog'
noticeboard
updated weekly
with useful
information



Supporting
individuals
to enhance their skills
and their social circles

Activity co-ordinator
helps to plan
person-centred
activities and trips



Our facilities:

- > En-suite bedrooms
- > Lounge
- > Dining room
- > Sensory room
- > Activities of daily living kitchen
- > Large garden including a sensory garden, and vegetable patch

Our community links:

- > Leisure Centres
- > Retail parks and local shops
- > Cinemas and bowling alleys
- > Restaurants, pubs and cafés
- > Good public transport links
- > Local seaside towns
- > Local parks



For more information or to make a referral, please contact your regional Business Relationship Manager or email:
sc.referrals@cygnethealth.co.uk

- 1 Referral made to Cygnet Social Care and a desktop assessment is undertaken to review suitability for placement
- 2 If a suitable placement is identified, an assessment is arranged and undertaken by our specialist team
- 3 Feedback is provided on whether our service can meet the individual's needs
- 4 Detailed placement proposal is formulated to include care plans and funding information
- 5 Once placement is confirmed, transition plans are developed with all relevant stakeholders and admission date is agreed

Where are we?

Birches

Eton Ave, Newark-on-Trent, Newark, Nottinghamshire NG24 4JD

Phone number

01636 550 576



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