

Improving lives together

Community rehabilitation (level 1) service for women

**Rhyd Alyn,
Flintshire, North Wales**

Now taking referrals

Rhyd Alyn is a six bed community rehabilitation (level 1) service for women who have been able to progress through the hospital pathway at Cygnnet Delfryn Lodge. We also accept referrals from other high support inpatient rehabilitation (level 2) services as well as directly from the community.

We offer a safe, comfortable and homely setting that enables women to focus on their continued recovery and transition back into a successful and more independent lifestyle – with the advantage of continuing to access the same multi-disciplinary team (MDT) at Cygnnet Delfryn Lodge.



Female



18+ years



6 beds

Our resident profile:

- > May be on a Community Treatment Order (CTO) or informal
- > Primary diagnosis of mental illness with:
 - Complex comorbidities
 - Substance, drug and alcohol abuse
 - Treatment resistance
 - Behaviours that challenge
- > History of sexual abuse or domestic violence
- > Typical diagnoses: schizophrenia, schizoaffective disorder, bipolar affective disorder or depression
- > May have a diagnosis of personality disorder
- > May have secondary diagnoses of mild learning disability or autism spectrum disorder



Our service at a glance

Set amid the rolling hills of Flintshire, Rhyd Alyn is a beautiful detached property with plenty of outside space overlooking some stunning countryside. Each individual has their own en-suite bedroom which they are encouraged to personalise. The service has good sized living areas including lounge, dining room and kitchen. The women we support also have access to the gym and beauty salon that are located next door at Cygnnet Delfryn Lodge.

Our dedicated team provides key support and clinical oversight for the women in our care. The service empowers the ladies in our care to function to a higher therapeutic level with a careful reduction of staff interventions and clinical input. This gives them the freedom and independence to flourish and to develop their skills. They are positively encouraged to seek vocational employment and accommodation within their home area.

For both leisure pursuits and for social training such as shopping and using public transport, Rhyd Alyn is ideally placed. It's on the outskirts of Mold, a small market town and only half an hour from both Chester and Wrexham. Loggerheads Country Park and Moel Famau mountain are local beauty spots and wonderful places to experience the natural environment.



Person centred
therapeutic timetable



Access to multiple
local groups
independently



Access to Cygnet Delfryn Lodge's
MDT providing a wide range
of person centred therapies



Homely
environment
with 24-hour support



Supporting individuals to
access local job opportunities,
both volunteering and paid



We encourage
family contact
(where appropriate)



We encourage the women
we support to set their own goals
and work collaboratively to
achieve success



We empower the women we support
to enable them to learn and practice
skills and manage their illness in
the community



Our community links:

- > Learndirect & Deeside College
- > Flintshire Local Volunteer Centre
- > Local places of worship
- > Sport facilities at Northop College
- > Cyfle Cymru
- > Photography and walking groups
- > Local beaches
- > Local market



For more information or to make a
referral please call 0808 164 4450
or email chcl.referrals@nhs.net

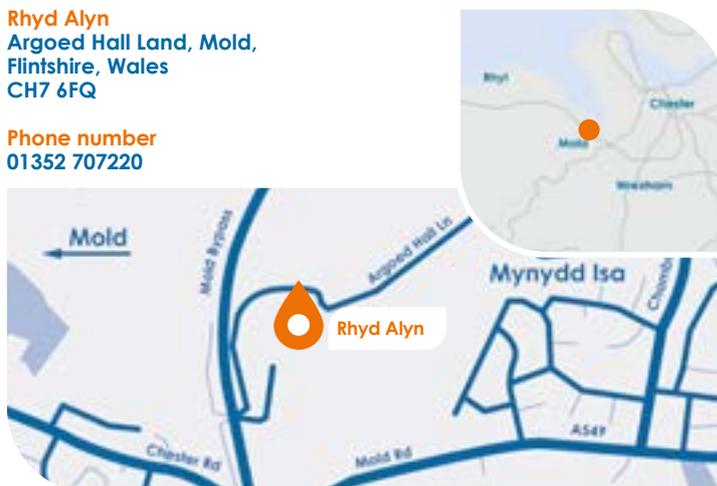
Our referral process:

- 1 Referral made to Cygnet referrals team via
0808 164 4450/chcl.referrals@nhs.net
- 2 Assessment arranged and undertaken via our
management team
- 3 Feedback provided on whether our service can
meet the individual's needs
- 4 Assessment pack formulated including care plans
and funding information
- 5 Admission agreed and plans for transition
arranged with referring team following
confirmation of acceptance of placement

Where are we?

Rhyd Alyn
Argoed Hall Land, Mold,
Flintshire, Wales
CH7 6FQ

Phone number
01352 707220



CYG-1058 | Date of Preparation: 22/02/24

Please visit cygnetgroup.com for more info | Follow us on social media:



Integrity

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Empower

Respect

Care